Our Lady Queen of Peace Primary School

NEWSLETTER TERM 3 WEEK 1 2014

UPCOMING EVENTS

AUGUST

SUNDAY 3 AUGUST

⇒ OLQP Children's Mass at 10am

MONDAY 11 AUGUST

⇒ Kindergarten excursion to Calmsley Hill City Farm @ Fairfield

TUESDAY 5 AUGUST

⇒ Cumberland Zone Athletics Carnival

TUESDAY 12 AUGUST

 \Rightarrow Blacktown Zone Carnival

WEDNESDAY 13 AUGUST

⇒ P&F Meeting @ 7:30pm

THURSDAY 14 AUGUST

⇒ Year 6 Canberra Camp

FRIDAY 15 AUGUST

 \Rightarrow Year 6 Canberra Camp

FRIDAY 22 AUGUST

⇒ Diocesan Athletics Carnival
@ Blacktown Olympic Park

SEPTEMBER

WEDNESDAY 3 SEPTEMBER

⇒ Alpha Shows — The Little Mermaid for Year 2

FRIDAY 5 SEPTEMBER

⇒ Father's Day Liturgy



PRINCIPAL'S MESSAGE

Welcome back to Term 3.

At the end of Term 2 the staff were involved in a spirituality formation day. It was a very successful day as we examined sections of the Bible from a historical perspective including the original language of the writers. This allowed staff to reflect on the **"good news"** of the Bible from a different aspect and gave the messages of Jesus another dimension of inspiration. The challenge for us now is to help our students understand the impact that this message can have on their lives.

I am very pleased to announce that our application for a grant from **Wentworth**ville Leagues Club has been successful. We now have an amount of \$30,000 to use on establishing a soft-fall area next to the Hall. I would like to thank **Mr Kieron Maye** (parent) who spent a great deal of time and energy putting our application forward. Each year Clubs in the Holroyd area offer grants to the community but this figure represents a large investment in our school. I am grateful to the Club Directors for their support, particularly **Mr Justin Coulton** of **Holroyd Clubs Local Committee.** We hope to begin work on this project in the **September** holidays.

Mrs Farrugia and I have recently reviewed our *Canteen price list* for 2013-2014 financial year. It is important to keep in mind that our canteen is required to make enough profit to pay a salary as well as maintain a level of healthy food production. We have decided not to raise prices at this stage and we will review the situation again at the end of this year. I'd like to take this opportunity of thanking Mrs Farrugia who does such an excellent job in delivering this service and working with children and our parents. Our parent volunteers are also a vital part of the canteen operation and I'd like to thank all those parents who give up their time to help.

Congratulations to **Mr & Mrs Skapetis**, together with **Natasha** (2W) and **Angelique** (2LH) on the birth of their new baby girl "**Ella**"



Born on 27th June 2014.

Next week we will be welcoming a group of High School girls from **Nanzan** in **Japan**. There will be a **special assembly** on **Friday 25th July** at **11.30am** in the playground where our students and the Nanzan students will perform. *Parents are all very welcome to attend*.

As always we highlight the safety aspects of our school routines. To this end I would ask for your help with some of our dismissal procedures:

- If you are picking up your child/ren from Braeside Road it is important that you either use the Kiss and Ride system or you park in the street and come in to pick up. Please *do not park in the street* and expect your child to meet you at another place (*particularly the No Stopping Zone*). All children must be under the supervision of teachers or parents at all times.
- If you come into the school to pick up, please wait outside the office area and leave the school via the gate near Year 5 not through the Blue Room. We ask that parents do not come to the Blue Room as there is a lot of movement and organisation of children in this area. It is also important to leave the premises as soon as possible so that we know that all children are supervised either by the teachers or by parents.
- The **pedestrian crossing** should always be used to cross Braeside Road. No one should be crossing the road further down or at the roundabout.

As mentioned at Monday's assembly I would ask everyone to keep **Miss Clancy's family** in our prayers. The loss of a family member is always deeply felt and we ask the Holy Spirit to be with them at this time.

".....And if I took the wings of dawn and dwelt at the seas furthest end, even there you would be with me your right hand holding me" Psalm 139

Have a great term.

Michael Hopley Principal



Wednesday 13 August @ 7:30pm in the Library

RELIGION NEWS:

The Parable of the Sower

Matthew 13:1 - 23

Last Sunday we listened to The Parable of the Sower in the Gospel. Like all the parable stories that Jesus told, it contains many important messages for us all.

Just like the sower whose many seeds were withered, scorched, choked or eaten we often hear stories about people trying to do good but thinking that not much actually comes of it and so they give up. Often the fruits of our efforts are not seen immediately and we feel disheartened.

A big point of this story is about the fruits - 30, 60 and 100 fold. When we work at the deeper things in life like love or faith, something good always happens. Often we feel as though we see little for our work or love. We try so hard with something and see little for the return. You never know when you will get fruit but it will always grow with love. Love given is never lost. Jesus threw out love like the sower threw out his seeds. Part of life is trial and error. Some of this love may not grow but He gives it anyway!



"Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things."

First Corinthians 12:4-8

Blessings for a wonderful week, Rebecca Lloyd REC

Rite of Christian Initiation of Adults.

Invitation to enquire how to become a Catholic and learn about God. COME AND SEE on one of the two dates listed. Saturday 19 July 2014 Saturday 26 July 2014 at OLQP Parish Office Greystanes at 2:00pm Further details call Parish Office during office hours Mon-Fri 10:00am - 1:00pm, 2:00pm-5:00pm



MUSIC NEWS:

TSA Band Camp 2014:

Yes, it's that time of year again! Pull out your best swimmers for the waterslide, your grooviest PJ's for the pyjama disco and get into training for the staff V students beach volleyball match!! (Oh, and you should probably practise your band music too!)

Whilst most kids come to camp for the excitement of new friends, fun activities and a weekend away, the real benefit is in the valuable experience (both musical and social) gained from such intensive time spent in such a highly musical environment. With over 8 hours of face-to-face tuition over the weekend, there is over a term and a half worth of 30 minute lessons to be had! Camp is also a valuable experience for students that may be losing interest in music and need a boost of enthusiasm and practice to get them to a level where they can enjoy their music and performance.

Notes for camp should have been received late last term outlining details including cost, venue, times and dates. If your

child did not receive this note or you need another copy, please visit <u>www.teachingservices.com.au</u> and download the note.

Permission notes, along with deposit, need to be returned ASAP to avoid missing out as the camp is now being finalized.



Captivate Showcase photos are now available on the CEO website at: http://www.parra.catholic.edu.au/captivate-2014-showcase

OFFICE NEWS:

Our Lady Queen of Peace Pre-school is now accepting enrolments for 2015

Pre-school enrolments are open for the first 2 weeks of Term 3 - 14th - 26th July. The enrolment pack will be available from the preschool between the hours of 9am - 3pm during these dates only. For any further information please contact the Preschool office on 9631 8901 *180 Old Prospect Rd Greystanes 2146*



ACTIVE KIDS ARE HEALTHY KIDS....



How many serves do kids and teens need?

All of us need to eat a variety of different coloured fruit and vegies every day – both raw and cooked. The recommended daily amount for kids and teens depends on their age, appetite and activity levels – see table below.

Recommended serves of fruit and vegetables by age

Age	Fruit		Vegetables	
(years)	(serves/day)		(serves/day)	
	girls	boys	girls	boys
2-3	1	1	2 ¹ / ₂	2 ¹ / ₂
4-8	1 ¹ / ₂	1 ¹ / ₂	4 ¹ / ₂	4 ¹ / ₂
9-11	2	2	5	5
12-18	2	2	5	5 ¹ / ₂

Note: One serve of fruit is 150 grams (equal to 1 medium-sized apple; 2 smaller pieces (e.g. apricots); 1 cup of canned or chopped fruit; ½ cup (125ml) 99% unsweetened fruit juice; or 1½ tablespoons dried fruit).

One serve of vegetables is 75 grams (equal to ½ cup cooked vegetables; ½ medium potato; 1 cup of salad vegetables; or ½ cup cooked legumes (dried beans, peas or lentils).

Fresh fruit is a better choice than juice

While whole fruit contains some natural sugars that make it taste sweet, it also has lots of vitamins, minerals and fibre, which makes it more filling and nutritious than a glass of fruit juice.



One small glass of juice provides a child's recommended daily amount of vitamin C. Unfortunately, many children regularly drink large amounts of juice and this can contribute to them putting on excess weight.

Delicious recipes and more friendly advice available at: <u>http://www.healthykids.nsw.qov.au</u>



Term 3 School fees will be printed and posted out on Tuesday 22 July and will be due on

Tuesday 19th August. If you have not received your statement by the 28th July please contact the school office.

OLOP UNIFORM SHOP

Normal Trading Hours: Thursdays 8:30am to 10am Saturdays 8:30am to 10am FOR ALL ENQUIRIES PLEASE CONTACT: Elle: 0421 216 414



P&F NEWS:

HURRY HURRY HURRY

There are still a limited number of entertainment books available in the school office. Get your new copy now!!!!

Only \$70ea and over \$20,000 in offers....



To support our fundraising by purchasing your Entertainment" Membership, see reverse 🕁

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OLQP School Fete will be on Saturday 13th September 2014

CANTEEN NEWS:

CANTEEN ROSTER TERM 3 2014						
MONDAY 14 JULY	TUESDAY 15 JULY	WEDNESDAY 16 JULY	THURSDAY 17 JULY	FRIDAY 18 JULY		
Nicole Dennis Margaret Elcham Vivianne Russell	Natalie Tisano Lamia Khamis	Anne Cilia Elizabeth Banks	Rebecca Simari Sarah Barden Teresa Rota Cara Pedavoli	Carol Sioufi Maggie Sabbagh		
MONDAY 21 JULY	TUESDAY 22 JULY	WEDNESDAY 23 JULY	THURSDAY 24 JULY	FRIDAY 25 JULY		
Sandra Merrick Rebecca Bezzina Sonia Amus	Maree Callaghan Diane Galea Anne David	Cynthia La Rosa	Deborah Terracciano Miriam Gibson Melissa D'Angola Lisa Gladdish	Mary Sarafoglou Kristine Mercuri Amy Hill Liz Scott Allison Sorensen		
MONDAY 28 JULY	TUESDAY 29 JULY	WEDNESDAY 30 JULY	THURSDAY 31 JULY	FRIDAY 1 AUGUST		
Belinda Carr Dianne Sherry Lisa Barker	Margurite O'Connor Kim Nuner	Sandra Wilson Alison Tsalikis	Cathy Grew Christina Borthwick Elenora Gambacorta	Felicia Papadatos Nej Henein Kylie Yaako Tracey Carpenter Anne Nott		

TERM 3 CANTEEN UPDATE ...

An **updated Menu** will be posted on the website shortly. There are only some Minor changes and no price increases. The *Lebanese Pizza Meal Deal* is still available on TUESDAY AND WEDNESDAY only!!! *Manoush and Juice \$ 4,00 Cheese and Juice \$ 5,00.*



Meals will start again from next week. *Winter Warmers Deal* for *year 6* and *Hotcakes* for *year 1* please watch the flyers coming home for you classes turn.

The Canteen would like to thank all the current volunteers that give up a day every month some even every fortnight. However, we are still in need of some help **Tuesday** & **Wednesday**, we received no replies to this request last term. To keep the Canteen running we rely on our Parent volunteers, if you can help please contact **Kim Farrugia** in the Canteen.

BIRTHDAY BUCKETS STILL AVAILABLE !!!

WINTER BUCKET OPTIONS are now available. These winter options must be **pre-ordered 1 week in advance**. Birthday Buckets are a great alternative to cupcakes, they are great for

children with allergies and they are fuss free—just pre order from the canteen and Kim will deliver them to your child's classroom where they can hand them out to their classmates.

WINTER options available:

- ⇒ Jelly Cups with a treat
- ⇒ Chocolate Crackles in a basket

The baskets/Buckets will have a special birthday message for the Birthday Girl or Boy but the baskets/buckets must be returned to the canteen.



If you would like to order a Birthday Basket/Bucket for your child/children please see Kim in the canteen.



Wenty Waratah Sports & Social Club Inc. SOFTBALL DIVISION

Celebrating 40 years

Join in a great fun sport with a successful club Boys and Girls Competitions

New Blast Ball 3-5 year (10 week skill comp) T-Ball U/7s U/9s U/11s Modball U/13s Softball U/15s and up Senior Teams, Mens, Ladies & Mixed

Registrations: Monday 21st July 7pm -8.30pm Saturday 9th August 3pm - 5.00pm

TED BURGE SPORTSGROUND HALL Centenary Road, Merrylands Comp starts October

ENQUIRIES Registrar: Brett Shiels 0409 827 968 See website www.wentywaratahs.softball.org.au



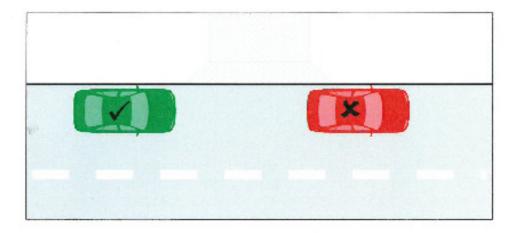
A Road Safety Message from Holroyd City Council

Parking near driveways

A driver must not stop across a driveway restricting access to a persons residence (even your own) or business unless:

(a) the driver:

- (i) is dropping off, or picking up passengers, and
- (ii) does not leave the vehicle unattended, and
- (iii) drives on, as soon as possible and, within 2 minutes after stopping.



Parking illegally is unsafe and can put peoples lives at risk and inconvenience others.

Take your time when parking:

- Be Safe
- Be Considerate
- Be Aware

Penalty exceeds \$169 in <u>School Zones</u>



For more information contact Council's Road Safety Officer Ph: 9840 9880



Boot Camp Personal Training

Ph 9604 2992 vitafit.com.au



Family Day Care

Excellent child care services provided at home. Fun filled environment provided by an experienced Educator. Registered with the Merrylands Holroyd FDC under Holroyd City Council. School vacation care is also provided. For more info please call Bulbul on 0424253571



A world of fresh fruit and vegetables is waiting for you.

- Fruit and Vegetables - Dairy Products - Bread - Refreshments - Confectionary

"Fresh is our success"

Shop 1/81 Hibiscus Street Greystanes NSW 2145 Phone: 9729 2777 Email: shopatezz@gmail.com OPEN 6 DAYS Mon - Fri 8am till 7pm Saturday 8am till 6pm



