



# 1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behavior in children  
2-12 years old*

A three-session program for parents and carers.

**Venue: St Michael's Catholic Primary School, Blacktown  
155 Reservoir Rd, Blacktown Tel: 9622 9910**

## **Learn:**

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

## **Parents will receive:**

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

## **Registration Fee?**

The course costs \$10 (per parent or per couple) which covers the cost of the Parent workbook  
Register for this course contacting **St Michael's School Office** on **9622 9910**

## **What people are saying...**

*What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!*

*I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grow out of control*

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au)



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The Catholic Education Office Diocese of Parramatta together with St Michael's Catholic Primary at Blacktown, are pleased to offer parents and carers in our Diocese, the 1 2 3 Magic and Emotion Coaching course.

The course is 3 sessions and will be run on the following dates:

Session 1	9.15-11.15am	Monday, 24 <sup>th</sup> July 2017
Session 2	9.15-11.15am	Monday, 31 <sup>st</sup> July 2017
Session 3	9.15-11.15am	Monday, 7 <sup>th</sup> August 2017

Course Facilitators: Tanya Cosgrave & Lynne Wainwright

**Cost is \$10** per parent/couple/carer(s) to cover the cost of the parent workbook (only one required per family). This workbook will be available for purchase on the night.

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